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In 2011 psychologist Steven Pinker author of the Better Angels of our Nature: why Violence has Declined, concluded that "we may be living in the most peaceful era in our species' existence."

* A year later, Martin Dempsey, former chairman of the Joint Chiefs of Staff, remarked that the world is becoming "more dangerous than it has ever been."

* As political scientist Stephen Walt explains "No single approach can capture all the complexity of contemporary world politics."

* The ancient Greek historian Thucydides (460-401 BCE), in History of the Peloponnesian War, used this approach.

* Morgenthau describes international politics as struggle for power among nations. He says, "International politics, like all politics is a struggle for power, whatever the ultimate aim of International politics. realist approach is also called power approach."

* Morgenthau defined power "as man's control over the minds and actions of other man."

* Morgenthau's theory is called realism because it is concerned with human nature as it actually is and with the historical process as these

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actually take place.

* In the words of Morgenthau, "Theory consists in ascertaining facts and giving them meaning through reason."

- Morgenthau has explained six principles of his realist theory. These are given below.
1. First principle:- political theory Based on objective laws of Human nature.
 2. Second principle:- National Interest defined in terms of National power.

* The second principle of realist theory is the master key to international politics. According to Morgenthau, "it imposes intellectual discipline upon the observer, infuses rational order into the subject-matter of politics and thus makes the theoretical understanding of politics possible."

3. Third principle - Interest is Always Dynamic.

On the words of Morgenthau, "The kind of interest deter